

2. Student Physicals

- Please see the attached form. Front and back must be completed
- Some doctors will complete the physical using their own form. This form will be accepted
- Upload your physical form to HomeCampus.com or have your child give it to their coaches
- All physicals must be completed and valid. They expire 1 year from the date on form

NOTE: sport physicals are different from your child's annual physical

- A sports physical is different from the annual physical because it focuses on reviewing your child's current health status and medical history to ensure that your child is healthy enough to play his or her sport
- The annual physical will be accepted as well after May 1. Annual physical papers must state: Cleared for Athletics

3. **Locations for Sport Physicals:** these locations do charge a minimal fee for the sports physicals except CornerHealth Urgent Care which offers FREE sports physicals in January and August.

- **CornerHealth Urgent Care:** 2077 Harbor Blvd, Suite 100, Costa Mesa, CA 92627
 - Low cost (\$25) sports physicals
 - Book online (CornerHealthUrgentCare.com), walk-in, or call 949-740-7117
- **Carbon Health:** 1421 W. MacArthur Blvd. Suite E, Santa ana, CA 92704 OR 3195 Harbor Blvd, Costa Mesa, CA 92626
 - Online scheduling and walk-ins
 - They have copies of the physical forms on hand
- **OC Urgent Care:** 2001 E. 4th Street, Suite #104, Santa Ana, CA 657-230-7800
 - Call to schedule an appointment
- **Xpress Urgent Care:** 131 E. 17th Street, Costa Mesa, CA 92627 OR 17612 E. 17th Street, Tustin, CA, 92780
 - Online scheduling and walk-ins
- **CVS Minute Clinic:** 14330 Culver Drive, Irvine CA 92604
 - Go online to schedule: <https://www.cvs.com/minuteclinic/clinic-locator/ca/irvine/specialty/sports-physicals-9497.html>

4. All student athletes must have medical insurance. If you do not have insurance, please request an insurance enrollment form

5: If you have questions, please either call the school at 714-479-4000 or jamie.caffrey@sausd.us